



FEAR AND ANXIETY

While the world is looking the other way, the humanitarian crisis in Binga district has persisted for over five years since 2016 with devastating consequences for the Binga population. This is due to recurrent droughts and disasters. COVID-19, flash floods in Sinakoma ward (Nsungwale village) and Tropical Cyclone Chalane hailstorms in Sinamagonde and parts of Binga have had detrimental effects on especially women and children.



Women and children are more vulnerable to the effects of these disasters because they face social and economic barriers that limit their coping capacity. COVID-19 and the Tropical Cyclone Chalane has exposed women and children to abuse and violence and had immediate long-term consequences which disrupted access to services, including GBV support and sexual and reproductive health care.





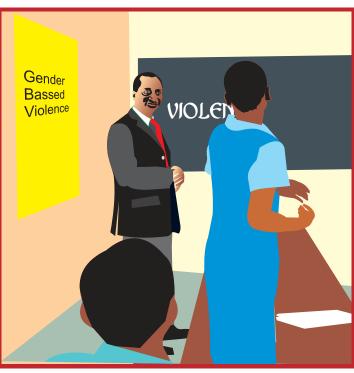






IN YOUR PERSONAL LIFE

- 1. SPEAK OUT! CHALLENGE DISCRIMINATION AND VIOLENCE
- 2. LISTEN TO THE VOICES OF CHILDREN AND WOMEN AND LEARN FROM THEIR EXPERIENCES
- 3. EDUCATE CHILDREN ON THE IMPORTANCE OF HEALTHY RELATIONSHIPS
- 4. SPEAK TO MEN AND BOYS TO PREVENT VIOLENCE AGAINST WOMEN AND CHILDREN



IN YOUR SCHOOL

- 1. START ANTI-VIOLENCE CAMPAIGNS IN YOUR SCHOOL
- 2. SPEAK OUT TO ENSURE THAT GIRLS ARE TREATED EQUALLY
- 3. MAKE HEALTHY REALTIONSHIP BUILDING IN YOUR SCHOOL PART OF YOUR CURRICULUM



IN YOUR COMMUNITY

- 1. RAISE AWARENESS TO STOP VIOLENCE AGAINST WOMEN AND CHILDREN
- 2. HELP SURVIVORS OF GENDER BASED VIOLENCE AND CHILD ABUSE AND STAY SAFE BY REPORTING TO LOCAL SERVICES
- 3. ENGAGE WITH VILLAGE HEALTH
 WORKERS AND TRADITIONAL LEADERS
 AND OTHER STAKEHOLDERS
- 4. CAMPAIGN FOR CHANGE
- 5. INLFUENCE DECSION MAKERS
- 6. PROVIDE SOLUTIONS
 AND SPREAD THE WORD

